

Free Range Eggs on Toast	17	All Day Seeds n Greens	24
poached, scrambled or fried on Zeally Bay toast (sourdough or wholegrain) GFO + 1		charred broccoli, roasted pumpkin, crispy kale, hummus, avo quinoa , nuts n seeds, soy lime dressing, coriander No added gluten- Vegan -poached egg 4, bacon 6	
Caveman Granola	18	Burrata, Spiced Pumpkin, Pickled Beets, Chilli Maple Cashews	25
puffed quinoa n pecan granola, nuts n seeds, coconut yoghurt, almond milk, seasonal fruit, roasted rhubarb no added gluten-Vegan		local That's Amore Burrata, radish, pickled golden beets, toasted chilli maple cashews, papitas, radicchio, fennel, spiced pumpkin puree, toast -add bacon 6, chorizo 6 GFO contains nuts	
Crispy Honey Toast w Roasted Oranges , Vanilla Mascarpone	26	Truffled Cauliflower n Parsnip Puree w Sauté Mushrooms	26
Whipped brown sugar and honey buttered brioche, vanilla marscapone, Roasted oranges in Grand Marnier, pistachio.		truffle cauliflower puree, parsnip chips, fried egg, fried cauliflower. Migas Sorel, best of season mushrooms , Garlic toast GFO -add bacon 6, chorizo 6	
Avocado Toast	23	Jamon n Mustard Croquettes, w Stracciatella	26
avocado, seed n sprout toast, Botanical Cuisine vegan nut feta, pistachio dukkha, soft herbs, green sauce GFO -Vegan -add poached egg 4, bacon 6		Jamon serrano, tomato sugo, fried croquettes, stracciatella cheese, Basil, garlic toast, green sauce	
Mexican Breakfast Tacos (3 tacos)	25	Anchovies	27
soft corn tortillas, fried eggs, charred tomato, lime n coriander salsa, avocado, crème fraiche no added gluten -Vegan option (nuts) -add chorizo 6, bacon 6		pickled white anchovies, sugo, fried eggs, pangrattato, butter fried garlic toast, lemon, basil, green sauce GFO	
Bacon, Green Apple Mint Benedict	26	Stack n Billy Burger	27
poached eggs, smoked kaiserfleisch bacon, brioche, butter spinach, cider hollandaise, green apple mint GFO		wagyu beef patty, B&B pickles, Russian dressing, bacon, burger cheese, lettuce, tomato, onion, fries GFO	
Spanish Baked Eggs, Chorizo, Manchego	28	Buttermilk Fried Chicken Burger	27
spiced tomato, chickpeas, free range eggs, casa Iberica chorizo, young manchego, green sauce, butter fried garlic toast GFO		buttermilk fried chicken, double smoked bacon, burger cheese, pickled jalapeño slaw, chipotle sauce, fries	
Corn bread, Bourbon Brown Sugar Fat Bacon, Chilli Scramble	29	Slow Braised Spiced Lamb Shoulder, Yoghurt, Baba Ghanoush	32
cheddar n jalapeño corn bread, bourbon n brown sugar bbq sauce braised fat belly bacon, chilli scrambled eggs		slow braised spiced lamb shoulder, crispy hash potato, broccoli, sumac n black pepper yoghurt, baba ghanoush, poached egg, pomegranate	
Smoked Salmon n Avocado, Potato Hash	30	extras ++	
tassie smoked salmon, kestrel potato hash, poaches eggs, hollandaise, avo, butter spinach, fried capers -add bacon 6, add mushrooms 5		Zeally Bay sourdough toast GF toast egg	4
		herb mushrooms spinach roasted tomato vegan feta (nuts)	5
		avocado bacon chorizo extra scrambled egg	6
		bacon croquettes hash	6
		fries, rosemary salt	12
		10% surcharge applies on weekends	
		15% surcharge applies on Public Holidays	

If you have any allergies please notify staff. We are a nut heavy, sesame kitchen. We are not gluten free, but staff will do best to cater to you.

Kids meals	
Eggs on toast	12
Cheese Burger n chips	15
French toast , ice cream, berries	15

WINE	
Sparkling	9/30
2018 McPherson Sparkling Chardonnay, Strathbogie Ranges	
Rose	
2021 Jardin des Charmes Rose, France	10/35
White	
2020 Mount Langi Ghiran Vine RD Pinot Gris, Grampians Victoria	12/42
Red	
2021 Yering Village Pinot Noir, Estate Grown, Yarra Valley Victoria	15/45

TINNIES	
Stingrays draught, Abbotsford, Vic	9
Moo Brew Pilsner, Wangaratta ,Vic	11
Balter XPA, Gold Coast, Queensland	12

COCKTAILS	
Standard Spirits	
gin, vodka, bourbon, tequila	12
Mimosa	
sparkling wine, orange juice	10
Aperol Spritz	
aperol, sparkling wine, soda water, orange	12
Bucket of Blood	
our take on a bloody mary Vegan	15
Espresso Martini	
vodka, kahlua, espresso	18
Negroni	
campari, vermouth, gin	18

SOFT DRINKS	
Water	4
Coke, diet coke, lemonade	4.5
Hepburn springs sparkling water	6
Happy Hippy kombucha ginger	6

COFFEE	
Black espresso flat white cap latte	5.5
Chai	5.5
Dirty chai	6
Leaf Chai	6
Batch brew Cold brew	5.5
Mocha	6
Cold drip	8
Mork hot chocolate Affogato	6
Matcha latte	6
<i>Alternative milk</i>	.80
<i>Extra shot</i>	.50
<i>Large</i>	1
Iced drinks 1 size	
Iced coffee Iced chocolate Iced mocha	9
Iced Matcha	9

TEA	5.5
English breakfast Earl grey Peppermint Lemongrass ginger Gunpowder Chai	

FRESH JUICE	10
Nice Pear	
apple, pear, mint, lemon	
The Big C	
carrot, apple, ginger	
Immune Booster	
apple, celery, cucumber, kale, lemon	
(Add vodka shot to any fresh juice)	8

SMOOTHIES	10
The Green Smoothie	
spinach, kale, avo, mango, banana, coconut water	
The Red Smoothie	
mango, berries, passionfruit, mint, coconut water	
THICKSHAKES	10
Vanilla Strawberry Chocolate	
All card transactions will have a 1.8% charge	